### Values to guide your intervention (in your own words), Guiding questions

(Leave room to fill in your answers if you print this)

We don’t expect that your values and ours will be a complete match. Different language may make more sense to your group.

Use these questions to think about the values (individual or group) you want to guide your planning, preparation and actions to deal with violence. If your group can’t agree on a set of values, you may find it hard to work together (see How do you work together?).

Guiding questions:

1. What is important to you?
2. At times when you have tried to change your own behaviour, what has helped? What has made it hard?
3. What are some guiding principles that have helped in your life?
4. What are some values that you hold even if they have been hard to keep up?
5. What values do you think will lead to lasting positive change?