## [Tool H6] How are you doing? Group self-check Guiding Questions

[downloadable word document]

These are questions to ask along the way to help things go smoothly.

1. Do we have clear goals and bottom-lines? What are they?

2. Are we guided by clear values? What are they?

3. Do we all seem to be on the same page? If not, who is on the same page? Who is not? What can we do to get us all on the same page?

4. Are we working through disagreements and conflicts in a good way?

5. Are we all getting enough support?

6. Are we offering enough support?

7. Are we staying connected with and supporting the person harmed?

8. Are we staying connected with and supporting the person doing harm?

9. Are we taking care of people who need our extra care? (like children and other dependents)

10. Are we doing regular risk assessment and safety planning?

11. Are we moving towards our goals? Do we have an action plan with the right people responsible for each part, job or expectations? Are our timelines reasonable?

12. Are we flexible enough to respond to new opportunities or unexpected roadblocks?

13. Are there things we need to change? What are they?

14. Do we have a good system or plan for change? If not, what changes need to be made?

15. What are the next steps?